## **ADRC Spring Educational Series**

Join the Aging & Disability Resource Center in support of Caregivers and Seniors at our Spring Educational Series. Ask the experts and get connected to local resources.

Please join us.
Attend one or attend them all!

April 11 - 10:30AM- Noon
Tip and Tricks to Stay in Your Home
By: ADRC & the Independent Living Center

April 18 - 9:00AM - Noon

Continiuum of Care

When it's Time to Consider a Move

With a 5-person Caregiver Panel



April 25 - 10:30AM - Noon A Focus on Brain Health

May 2 - 10:30AM - Noon

My Loved One Has Been Diagnosed
with Dementia, Now What?

May 9- 10:30AM - Noon
Dementia Basics

May 16 - 10:30AM - Noon
Preventing Falls and Other Safety Tips

Call to register **262-833-8777** 

**LOCATION:** 

ADRC of Racine County
Auditorium
14200 Washington Avenue
Sturtevant

